

Health and Well-Being: physical, social, nutritional and intellectual health

Goals/Objectives	What has been done
<p>Resource schools to ensure the health and well-being of all staff and students</p> <p>Develop clear pathways to access community resources/supports</p> <p>Develop Early Identification Protocol to help identify students that need support</p> <p>Educate all stakeholders, staff and students on the importance of well-being</p>	<ul style="list-style-type: none"> - Division is involved in the Communities that Care Initiative - Students and staff attended Head Strong: Stomp out the Stigma Conference in Dauphin - Birch River School piloting meditation, yoga, mindfulness ... to help students self regulate - P.D. session in Benito on Creating a Calming Classroom Kit - E.A. P.D. session on Creating a Calming Classroom Kit - All employees' day had a number of wellness sessions - Partnering with Apple Schools to provide two half time coordinator positions in two schools to promote healthy living and nutrition - Completed Grade Six Life Skills Training Program, will add Grade 7 Program in 18/19 school year - Hired two APPLE Health Facilitators - Hired an additional .5 counselling position to support outlying schools - Staff attend ASSIST PD session - Mental Health Training PD session will be offered every year - Reviewed Safety Protocols for schools and division - Hardwiring sound fields into classrooms - A number of principals attended Safer Schools Together sessions - Participating in the Project 11 at the Grade 5-8 level. - Piloting the K-4 curriculum for project 11 in two schools - Reviewed our Pre School Programing - Conducted Mental Health PD Session

